



# Patient Health Questionnaire

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Reason for Visit? \_\_\_\_\_

<b>Referring Provider:</b> _____ <b>Address:</b> _____ _____ <b>Phone:</b> (     ) _____ <b>Family Doctor:</b> _____ <b>Phone:</b> (     ) _____ <b>Cardiologist:</b> _____ <b>Phone:</b> (     ) _____ <b>Other:</b> _____ <b>Phone:</b> (     ) _____
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**Have you had any of the following?  
Please check appropriate boxes.**

### Past Medical History

- High Blood Pressure
- Acute Myocardial Infarction
- A-Fib If so, Onset Date: \_\_\_\_\_
- Coronary Artery Disease
- Stroke
- Venous Thrombosis (DVT)
- Ischemic Vascular Disease Onset Date: \_\_\_\_\_
- Cancer Type: \_\_\_\_\_  
Onset Date: \_\_\_\_\_
- High Cholesterol
- Diabetes Mellitus
- Thyroid Disorder Type: \_\_\_\_\_
- Esophageal Reflux
- Seizure Disorder
- Asthma
- COPD
- Sleep Apnea
- Osteoporosis
- Renal Failure
- Blood Disorder Type: \_\_\_\_\_
- HIV Infection
- Hepatitis
- Other: \_\_\_\_\_

### Medications

Please list your medications with dosages (include all prescription, non-prescription and herbal treatments).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Social History

Current Smoker:  Y  N  
Packs per day? \_\_\_\_\_ No. of years? \_\_\_\_\_  
Former Smoker:  Y  N  
Year you quit: \_\_\_\_\_

Other Tobacco Use?  Y  N  
Type? \_\_\_\_\_

Alcohol Use:  Y  N  
Frequency? \_\_\_\_\_

Recreational Drug Use:  Y  N  
Type/frequency? \_\_\_\_\_

### Allergies/Reaction

Please list any allergies including those to drugs, latex, adhesive tape, food, etc. and include your reaction:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

**Family History**

If relationship is other than immediate family member, please identify relationship and indicate "M" for Maternal or "P" for Paternal.

Cancer:  Y  N  
Type: \_\_\_\_\_  
Relationship: \_\_\_\_\_

Heart Disease:  Y  N  
Relationship: \_\_\_\_\_

High Blood Pressure:  Y  N  
Relationship: \_\_\_\_\_

Diabetes Mellitus:  Y  N  
Relationship: \_\_\_\_\_

Other:  Y \_\_\_\_\_

**Past Surgical History**

Please list the date and type of any previous surgery:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had a Colectomy (Colon Resection)?  
If yes, when? \_\_\_\_\_

Have you had a Mastectomy?  
 Left  Right  Bilateral  
If yes, when? \_\_\_\_\_

Have **you** ever had a problem with anesthesia?  
(please explain)  
\_\_\_\_\_  
\_\_\_\_\_

Have any of your **family members** ever had a problem with anesthesia? (please explain)  
\_\_\_\_\_  
\_\_\_\_\_

**Do you currently have any of the following?**

**General Symptoms**

- Y  N Significant Weight Change  
If yes, indicate gained or lost? \_\_\_\_\_  
Amount? \_\_\_\_\_
- Y  N Increase in Appetite
- Y  N Decrease in Appetite
- Y  N Fever
- Y  N Chills
- Y  N Tiring Easily

**Skin Symptoms**

- Y  N Itching
- Y  N Skin Lesions
- Y  N Rashes
- Y  N Other: \_\_\_\_\_

**Head Symptoms**

- Y  N Headache
- Y  N Corrective Lenses
- Y  N Other: \_\_\_\_\_

**Neck Symptoms**

- Y  N Neck Pain
- Y  N Neck Stiffness
- Y  N Lump or Swelling
- Y  N Other: \_\_\_\_\_

**Otolaryngeal Symptoms**

- Y  N Earache
- Y  N Hearing Loss
- Y  N Nosebleeds
- Y  N Mouth Sores
- Y  N Bleeding Gums
- Y  N Hoarseness
- Y  N Throat Pain
- Y  N Other: \_\_\_\_\_

Name: \_\_\_\_\_

**Cardiovascular**

- Y  N Chest Pain or Discomfort
- Y  N Fast Heart Rate
- Y  N Palpitations
- Y Other: \_\_\_\_\_

**Pulmonary Symptoms**

- Y  N Wheezing (Asthma)
- Y Other: \_\_\_\_\_

**Endocrine Symptoms**

- Y  N Excessive Sweating
- Y  N Excessive Thirst
- Y Other: \_\_\_\_\_

**Hematologic Symptoms**

- Y  N Easy Bleeding
- Y  N Easy Bruising Tendency
- Y Other: \_\_\_\_\_

**Gastrointestinal Symptoms**

- Y  N Difficulty Swallowing
- Y  N Heartburn
- Y  N Ulcer
- Y  N Nausea
- Y  N Vomiting
- Y  N Abdominal Pain
- Y  N Bowel/Bladder Changes
- Y  N Diarrhea
- Y  N Constipation
- Y  N Black or Tarry Stools
- Y  N Rectal Bleeding
- Y Other: \_\_\_\_\_

**Genitourinary Symptoms**

- Y  N Pain During Urination
- Y  N Increased Urinary Frequency
- Y  N Blood in Urine
- Y  N Genital Lesion
- Y Other: \_\_\_\_\_

**Musculoskeletal Symptoms**

- Y  N Joint Pain
- Y  N Joint Stiffness
- Y  N Muscle Aches
- Y Other: \_\_\_\_\_

**Neurological Symptoms**

- Y  N Dizziness
- Y  N Vertigo
- Y  N Fainting
- Y  N Motor Disturbances
- Y  N Sensory Disturbances
- Y Other: \_\_\_\_\_

**Psychological Symptoms**

- Y  N Sleep Disturbances
- Y  N Anxiety
- Y  N Depression
- Y Other: \_\_\_\_\_

**Female Patients Only:**

Date of Last Menstrual Period \_\_\_\_\_  
Are you pregnant? If so, when is your due date? \_\_\_\_\_

**Immunization and Screening History**

**All patients<sup>1</sup>**

When was your last flu vaccination?  
Date \_\_\_\_\_

**All patients 65 or older<sup>2</sup>**

Have you ever received a pneumonia vaccination?  Y  N  
Approximate Date \_\_\_\_\_

**All patients ages 50-75<sup>3</sup> (Please Circle Test)**

When was your last Colonoscopy, Sigmoidoscopy or  
Fecal Occult Blood Test?  
Date \_\_\_\_\_

**Female patients age 40 or older<sup>4</sup>**

When was your last mammogram?  
 Left  Right  Bilateral  
Date \_\_\_\_\_

<sup>1</sup> Plastic Surgical Specialists recommends you obtain an annual flu vaccine.

<sup>2</sup> Plastic Surgical Specialists recommends you receive a pneumonia vaccine if you are aged 65 or older.

<sup>3</sup> Plastic Surgical Specialists recommends you have a colorectal screening every 10 unless otherwise indicated by your family doctor or specialist.

<sup>4</sup> Plastic Surgical Specialists recommends you have a yearly screening mammogram.